



Laser Hair Removal

Most patients need a series of 6-9 treatments spaced 4-6 weeks apart. Although laser hair removal is permanent, it is possible to have new hair growth as this varies patient to patient.

Pre Care Instructions

- Area must be shaved 24 hours before your appointment.
- Avoid waxing/threading/tweezing the area for at least 4 weeks before your appointment. Shaving is best!
- Stay out of direct sunlight for at least 3 days prior to your appointment.
- Do not use self tanner or spray tan products for at least 2 weeks before your treatment.
- Please note that we will not perform any laser services on patients who are pregnant or breastfeeding.

Post Care Instructions

- Redness and bumps are normal!
 - Redness and bumps may last up to 2 hours or longer.
 - It is normal for the area to feel like a sunburn for the next few hours following your treatment
 - You can use a cold compress for any discomfort.
- Gently cleanse the treated area + exfoliate for 8-10 days following treatment
 - Cleanse with mild soap and pat dry.
- Dead hairs will begin to shed from the follicle 5-30 days after treatment.
 - This may appear as new hair growth as it is shedding, but it is the dead hair pushing its way out of the follicle.
 - You may speed this process along by washing with a washcloth, shaving, or using a physical exfoliant.
- Avoid the sun!
 - Be sure to use an SPF of 30 or higher if the treatment area is exposed. Reapply every 2 hours.
- Do not wax/thread/tweeze the treated area during your treatment cycle.