



Morpheus 8

What is Morpheus 8 and how does it work?

- This FDA-cleared technology uses tiny needles to deliver radio frequency deep into your skin, creating micro lesions that trigger your body's natural healing response and promote the production of new collagen and elastin to firm and remodel skin.
- It is superior to standard Microneedling because the tips have more needles and are able penetrate deeper into the dermis while the radio frequency heats up the skin tissue for a more effective treatment.
- Although one treatment can provide results, we recommend 3 treatments 4-6 weeks apart.
- We recommend a treatment once a year after your initial series of 3 treatments.

What does Morpheus 8 treat?

- Scars
- Stretch marks
- Acne (dries up sebaceous glands)
- Acne scarring
- Fine lines and wrinkles
- Loose skin (laxity)
- Uneven skin texture
- Large pores
- Reduces fat-only on body, under chin, or jowls
- Improves hyperpigmentation

Who cannot get Morpheus 8?

- Patients with a pacemaker, defibrillator, or internal devices
- Patients who are pregnant or nursing
- Patients who are prone to keloid scarring
- Patients who received superficial dermal filler within the last year. Deeply placed filler is safe.
- Patients who have had PDO threads in the last 6 months. Morpheus can break down the threads.
- Patients who have been on Accutane within the last 6 months.
- Those who are immunocompromised

What do I have to do before?

- Avoid excessive sun exposure 2 weeks prior
- Wear sunscreen daily
- Stop Retin-A 3 days prior to procedure date
- You can take over the counter arnica tablets twice daily 5 days prior to help prevent/treat any bruising (most significant is usually around the eyes)
- No remnants of sunless tanner or spray tans on the treatment area
- Come to the office with a clean face and no makeup for your appointment
- Ask your provider about Exosomes add-ons to your appointment to boost your treatment and aid in healing!

What happens after treatment?

- You will be sent home with a sample of an occlusive ointment. This will need to be applied for the next 2 days, twice daily, cleanse with gentle cleanser.
- If you added Exosomes to your treatment, you will leave them on throughout the entire night. You can cleanse your face the following morning
- If you were sent home with a Stem Cell Aftercare Kit, it is safe to use the hyaluronic acid and/or growth factor serum during the first 48 hours.
- For one to two hours the skin will feel hot like a sunburn.
- No makeup for 2 days
- After the first 48 hours, you can resume your normal lifestyle and skincare routine (excluding Retinol products)
- Redness/swelling/grid marks will subside in 3-5 days
- Wear SPF daily after day 2, protect face with hat/cover body parts treated for 2 weeks post treatment. Unprotected skin can cause issues with pigmentation.

When will I see my results?

- Neocollagenesis (growth of collagen) and elastin growth will usually take 3-4 weeks to begin and will continue for 6 months post treatment.
- You can start to see improvement in skin 4-6 weeks out, but BEST results are seen 3-6 months after last treatment

Questions?

Give us a call at (317) 855-9100

